



# SCHOOL MURAL PROJECT

 **KICKUN**  
connect • empower • inspire

**SCHOOL WELLBEING  
PROGRAM**



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Art is not  
what you see,  
but what you  
make others  
see

Degas

## WHAT ARE WE DOING?

Workshops addressing emotional regulation and self-awareness skills and concepts for identified students who are educationally at risk, creating a community connection, boosting student understanding of mental health, producing a long-term product for reflection and fostering a sense of self efficacy and esteem.

## VISION

Kick On can deliver a series of short, targeted intervention workshops to students who are identified as educationally at risk. These workshops will aim to engage, empower, educate and inspire students to understand healthy and unhealthy mental health habits.

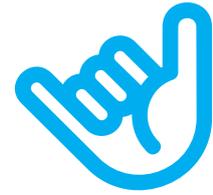
Experienced presenters will work to develop a positive connection with these students and provide a safe and supportive environment to discuss important social and emotional topics.

To complement these workshops, a local artist will guide students through the creation of a school 'mental health mural' that summarises, through creative expression, the key messages of each workshop.

The students then summarise their experience, unveil the mural and explain the significance of their art piece to the school community.



## OBJECTIVES



### Increase student understanding of mental health

- Review student feedback forms.

### Integrate mindfulness art activity and student pride project

- Align local artist project with Kick On conducted workshop.

### Create a de-escalation wall

- Propose to school that one wall be dedicated to student de-escalation wall. This can be used / traced over with chalk.

### Students will:

- Plan and create symbolic representations of concepts.
- Communicate intentions in artworks they make and view.
- Develop and refine techniques and processes to represent ideas and subject matter in their artwork.
- Adapt, manipulate, and create techniques, styles and processes to make an artwork that is cross-media.
- Identify and explain how artists and audiences interpret art through exploration of different viewpoints, past experiences and ideas.
- Listen and apply new ideas in artistic contexts, seeing existing situations in a new way, identifying alternative solutions, and appreciating or making new connections that generate a positive outcome.
- Pose questions and identify and clarify information and ideas, and then organise and process information to come to a creative solution.

## COSTS

### Art teacher

- Local art teacher wage charged at a daily rate as project may take longer depending on artistic and emotional abilities of participants.
- Materials including blackboard paint, coloured paint, paintbrushes, buckets, and paper cups supplied.
- 5 days to complete a mural approximately 5 x 4m.

### Travel

- Travel expenses for art teacher and Kick On staff involved.



Art is  
not a  
thing; it  
is a way.

Elbert Hubbard



Contact us today to find out more about the Mural Project  
and how we can help you support your kids to thrive.





# Start a conversation

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